

Disability-Informed Case Preparation Checklist

Use this checklist before your genetic counseling session to reflect on access, assumptions, and preparedness.

Access & Logistics

- Reviewed physical accessibility of the counseling space or virtual platform
- Considered alternative formats (telehealth, longer visit, breaks)
- Checked for documented accommodation or communication preferences
- Planned for assistive technology or interpretation needs if applicable

Records & Documentation

- Reviewed prior notes for stigmatizing or deficit-based language
- Prepared to use respectful, person-centered terminology
- Identified key clinical details without reducing the patient to a diagnosis
- Reflected on how disability has been framed historically in this patient's care

Family & Support Context

- Identified who may attend the appointment
- Considered family roles, caregiving dynamics, or cultural contexts
- Planned strategies to navigate differing perspectives respectfully