

Inclusive Documentation Example (Genetic Counseling Summary)

Reason for Referral:

Evaluation and counseling for a child with a confirmed diagnosis of Down syndrome (Trisomy 21).

Summary:

[Patient Name] is a 3-year-old child with Down syndrome who presents with a unique profile of strengths, developmental progress, and support needs. They are described by their family as social, curious, and highly engaged with others, demonstrating strong interpersonal connection and enjoyment in shared activities such as music and play.

Developmentally, [Patient Name] continues to make steady progress, particularly in expressive communication and social interaction. They currently use a combination of verbal communication, gestures, and visual supports to effectively express needs and preferences. Their family has been proactive in accessing early intervention services, including speech and occupational therapy, which are supporting continued skill development.

From a medical perspective, individuals with Down syndrome may have an increased likelihood of certain health conditions, including congenital heart differences, thyroid dysfunction, and hearing or vision differences. [Patient Name] is currently followed by appropriate specialists, and their care is focused on supporting overall health, development, and quality of life.

During today's session, we discussed the genetic basis of Down syndrome, emphasizing that this diagnosis is one aspect of [Patient Name]'s identity and does not define their potential. We also reviewed resources and supports available to families, including community programs and advocacy organizations.

Plan:

- Continue early intervention services to support developmental goals
- Maintain routine follow-up with pediatric and specialty care providers
- Provide family with resources that support inclusion, education, and community engagement
- Offer ongoing genetic counseling support as needed